American Psychological Association (APA) Style

In APA, the way we cite is designed to situate our argument in a larger body of work. We are using sources to assert our argument as a viable option to consider. This style is popular in:

- Computer science and information management
- Education
- Environmental and physical sciences
- Human, behavioral, social, and political sciences
- Linguistics

This handout will specifically cover citing in APA; however, APA requires specific formatting. For more information, visit APAStyle.apa.org/Learn/Index.

What Should Citing in APA Look Like?

In APA, your in-text citations will usually follow the (Author Publication Year) format for quotes and paraphrases that lack an introduction that uses the author’s name. If the quote or paraphrase is introduced by the author’s name, your in-text citations will usually follow the (Publication Year).

Paraphrasing
When you paraphrase, you are taking someone else’s words and summarizing what they said using your own words. By paraphrasing, you are not focused on exact wording of the source author but are using your own interpretation of your sources to bolster your argument. In APA, paraphrasing is the preferred method of incorporating sources.

Without the Author’s Name Introducing the Paraphrase
Dendrochronology has been helping archaeologists determine the age of archaeological sites, but dating sites using trees in tropical areas can prove difficult. Trees in tropical areas do not produce tree rings that indicate seasons, which can cause their record of time to be difficult to interpret (Blakemore 2019).

With the Author’s Name Introducing the Paraphrase
Dendrochronology has been helping archaeologists determine the age of archaeological sites, but dating sites using trees in tropical areas can prove difficult. According to National Geographic’s Erin Blakemore, trees in tropical areas do not produce tree rings that indicate seasons, which can cause their record of time to be difficult to interpret (2019).
Quoting
You will almost never quote when using APA. The reason is to give a focus on the existing research; however, it is possible you will quote, so this handout will include examples. Check with your instructor before including quotes.

When you quote, you quote because you need the exact language the author used to further your argument.

Without the Author’s Name Introducing the Quote
As published in a National Geographic article, dendrochronology, or the study of trees, is difficult to do in tropical climates because tropical trees “do not show distinct seasonal patterns” (Blakemore 2019).

With the Author’s Name Introducing the Quote
Dendrochronology can help archaeologists date sites; however, according to Erin Blakemore, this is not useful in the tropics because tropical trees “do not show distinct seasonal patterns” (2019).

Note that you only use the author’s name if the author is well-known or otherwise important to the argument.

References Page
In APA, your final page will be “References”. This page is a list of all the sources you chose to use in your paper. Your sources will be listed alphabetically with a hanging indent. Depending on the source, the citation format will slightly change. Below is a series of examples of the most common types of sources:

Publications with a Single Author
Author’s Last Name, Author’s First Initial. (Publication Year). Publication Title. City of Publication: Publisher.

Publications with Two to Seven Authors

First Author’s Last Name, First Author’s First Initial., Second Author’s Last Name, Second Author’s First Initial., … & Last (or Seventh) Author’s Last Name, First Initial. (Publication Year).
Publication Title. City of Publication: Publisher.


Publications with Eight or More Authors

First Author’s Last Name, First Author’s First Initial., … Sixth Author’s Last Name, Sixth Author’s First Initial. … Last Author’s Last Name, Last Author’s First Initial. (Publication Year).
Publication Title. City of Publication: Publisher.


Article in a Journal (Web)

Author’s Last Name, First Initial. (Publication Year). Article Title. Journal Title, Volume Issue (Edition Number), Page Number(s).


Organization or Company as an Author

Keep in mind, when citing an organization or company as an author, the publisher will usually be the organization.

Organization/Company Name. (Publication Year). Publication Title (Edition). Publication Location: Publisher.

**Web Source—Entire Website**

In APA, entire websites are only cited in-text and are not included on References pages. When you cite in-text, you will use the name of the website and include the URL:

National Geographic (https://www.nationalgeographic.com) has many articles about trending and cutting-edge science topics.

**Web Source with an Author**

Author’s Last Name, First (and Second) Initial(s). (Publishing Year, Publishing Month). *Publication Title*. Retrieved from Publisher Website: Publisher Website

Blakemore, E. (2019, July). *How are tree rings used to help date an archaeological site?* Retrieved from National Geographic Website: https://www.nationalgeographic.com/culture/archaeology/how-tree-rings-date-archaeological-site/

**APA Style Resources**

For further information about APA and APA citation, check out these resources:

- The UNT Writing Center
- *A Writer’s Reference* by Diana Hacker
- APASTyle.APA.org
- Owl.Purdue.edu/Owl/Research_And_Citation/APA_Style/APA_Formatting_And_Style_Guide/General_Format.html

Keep in mind websites like CitationGenerator or EasyBib can make citing easy; however, these generators are not perfect, so always double-check their work.
References

